# State Board of Osteopathic Medicine August 22, 2018

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### BOARD MEMBERS:

Randy G. Litman, D.O., Chairman
Katelin Lambert, Deputy Commissioner, Bureau of

Professional and Occupational Affairs, on behalf of Ian J. Harlow, Commissioner of Professional and Occupational Affairs

William B. Swallow, D.O., Vice Chairman

13 Burton T. Mark, D.O., Secretary

Arlene G. Seid, M.D., M.P.H., Department of Health, present on behalf of Rachel Levine, M.D., Physician General

John B. Bulger, D.O. - Absent

David A. Palmer, C.C.P., L.P. - Absent

Christopher S. Poggi, D.O.

20 Frank M. Tursi, D.O.

212223

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#### BUREAU PERSONNEL:

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Wesley J. Rish, Esquire, Board Counsel Kenneth J. Suter, Esquire, Board Counsel Anita P. Shekletski, Esquire, Board Prosecution Liaison

Ray Michalowski, Esquire, Board Prosecution Liaison, present on behalf of Anita P. Shekletski, Esquire, Board Prosecution Liaison

Alissa Harrison, Esquire, Board Prosecutor Aaron Hollinger, Board Administrator

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#### ALSO PRESENT:

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Katie Kugler, PA-C, President, Pennsylvania Society of Physician Assistants

Jon A. Shapiro, M.D., DABAM, MRO, Medical Director, Physicians' Health Program, Pennsylvania Medical Society

Tiffany M. Booher, MA, CADC, CIP, CCSM, Case Management Supervisor, Physicians' Health Program, Pennsylvania Medical Society

Kendra E. Parry, MS, CADC, CIP, CCSM, Program
Director, Physicians' Health Program, Pennsylvania
Medical Society

# State Board of Osteopathic Medicine August 22, 2018

### ALSO PRESENT:

Andrew C. Harvan, Esquire, Pennsylvania Medical Society

Brenda R. Dill, Director, Communications and Education, Pennsylvania Osteopathic Medical Association

Diana Ewert, CEO, Pennsylvania Osteopathic Medical Association

Mary Marshall, Director, Workforce & Professional Services, The Hospital and Healthsystem Association of Pennsylvania

\* \* \*

2 State Board of Osteopathic Medicine

August 22, 2018

\* \* \*

The regularly scheduled meeting of the State

Board of Osteopathic Medicine was held on Wednesday,

August 22, 2018. Randy G. Litman, D.O., Chairman,

called the meeting to order at 9:30 a.m.

\* \*

10 Appointment - Physicians' Health Program

11 [Kendra E. Parry, MS, CADC, CIP, CCSM, Program

12 | Director, Physicians' Health Program (PHP),

13 Pennsylvania Medical Society introduced herself and

14 provided information regarding PHP's medical directors

15 and staff.

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Dr. Jon Shapiro, Medical Director of the
Physicians' Health Program in Pennsylvania, provided a
brief history of the program with its recognition by

19 the Boards in 1989.

Ms. Parry discussed case volume with a total of 267 referrals from different sources and 64 percent received from the Professional Health Monitoring Programs (PHMP). She noted the current active caseload of 466 participants. She stated that the

25 goal of the Physicians' Health Program was the early

detection of either substance abuse disorders or
mental health disorders that impact the professional
population. She reviewed the assessment and
evaluation, abstinence-based treatment models, and
long-term monitoring, which includes documentation

reflecting abstinence and compliance.

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- Ms. Parry reviewed the steps for new referrals, including the collection of information from the referral source and the brief screening. Case managers have a background in addiction counseling in order to determine the need for immediate detox or suicide prevention.
  - Ms. Parry stated individuals may choose where to undergo their evaluation and/or treatment following a diagnosis of substance abuse or mental health.
  - Dr. Shapiro explained that the physicians undergo a more intense therapy than the general public due to their impact on the health of the public. Aftercare includes a minimum of two years of continued group and individual care.
  - Ms. Parry reviewed the different types of monitoring agreements, substance use agreements, and psychiatric agreements, as well as occupational agreements for behavioral-type issues.
- 25 Dr. Shapiro discussed building a portfolio of

objective and subjective evidence of improvement for physicians in five-year contracts with quarterly reports from various agencies. He referred to PHP as a monitoring function. He noted 12-step meetings and drug screenings on a regular basis. Participants must sign a monitoring agreement which allows PHP to report the participant's relapse or noncompliance to different agencies, such as the Board.

Ms. Parry reviewed PHP's relationship with PHMP.

PHP performs most of the monitoring components and reports back to PHMP on a quarterly basis regarding an individual's compliance. She noted that PHP assists in monitoring the voluntary recovery program and the disciplinary monitoring unit cases.

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Dr. Shapiro stated allopathic, osteopathic physicians, physicians' assistants, dentists and the associated dental professionals, and podiatrists are monitored by PHMP. He noted challenges, including funding.

Dr. Shapiro noted involvement in public education regarding recognizing, treating, monitoring physician impairment, and addressing physician burnout and stress. He referred to newsletters and the PHP updates as well as Connections.

Ms. Parry discussed the LifeGuard Assessment

Program regarding age-related issues. He stated the National Practitioner Data Bank provides a service to prevent incompetent physicians from moving from state to state.

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Dr. Shapiro noted concerns regarding consequences of license sanctions that impact specialty Boards, credentialing with insurance companies and employers, and its relationship with other state Boards. Dr. Shapiro provided letters from physicians in Pennsylvania regarding experience with continuing their occupation following disciplinary actions.

Dr. Shapiro mentioned the Annual Federation of State Medical Boards Convention, noting that the Federation of State PHP meets conjointly to share information and experience.

Dr. Shapiro referred to the 2008 guidelines from the Federation of State Medical Boards regarding suggestions on how medical Boards can respond to impairment from revocation and suspension, stipulations, limitations, restrictions, probation, and reprimand.

Dr. Shapiro emphasized that Mr. Knipe's organization, PHMP, has the two different levels of monitoring the voluntary unit. He explained that individuals brought to the Board's attention are only

those enrolled in the disciplinary unit and may have a formal action against their license. The majority of the monitored individuals are easily able to return to work.

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Dr. Shapiro discussed fees including a one-time initiation fee of \$350, a \$100 per month monitoring fee charged to active physicians that is scaled down for students and unemployed people in PA. He noted minimal charges for sending out letters and writing documents. The more substantial fees are incurred at the evaluation and treatment phase. Outpatient evaluations may be \$1,800, and inpatient evaluations may cost approximately \$5,000.

Dr. Shapiro stated long-term treatment may not be covered by insurance. He stated that full inpatient treatment is roughly \$40,000. He noted that drug testing was 4,000 in the first year, tapering off over the subsequent five years. He stated that treatment expense dwarfs lost income of physicians.

Ms. Parry discussed a separate program for nurses and nurse practitioners in the state of Pennsylvania called Pennsylvania Nurse Peer Assistance Program (PNAP). She also noted a program for pharmacists called Secundum Artem Reaching Pharmacists with Help Pharmacy Peer Assistance Program (SARPH).

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Dr. Poggi discussed the need to find the cause of
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   physician burnout and address the need for changes in
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   the rules and regulations permitting physicians to re-
   enter the work force. He also discussed not allowing
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   Centers for Medicare and Medicaid Services (CMS) and
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   insurance companies to make decisions on patients
   without even seeing the patient.
        Dr. Shapiro stated PHP was not funded to address
   the burnout issue, but a presentation is provided to
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   all participants.]
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   Approval of Minutes of the June 13, 2018 meeting
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   CHAIRMAN LITMAN:
                  You had a chance to review minutes from
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                  the June 2018 meeting. Are there any
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                  comments or a motion to approve?
   DR. SWALLOW:
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                  Move to approve.
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   DR. MARK:
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                  Second.
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   CHAIRMAN LITMAN:
                  All in favor?
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   [The motion carried unanimously.]
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   Report of Prosecutorial Division
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1 | [Ray Michalowski, Esquire, Board Prosecutor, present
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- 2 on behalf of Anita P. Shekletski, Esquire, Board
- 3 Prosecution Liaison, introduced Alissa Harrison,
- 4 Esquire, as a new Board prosecutor.]
- 5 \*\*\*
- 6 [Christopher S. Poggi, D.O., and Burton T. Mark, D.O.,
- 7 | Secretary, exited the meeting at 9:58 a.m. for recusal
- 8 purposes.]
  - \* \*
- 10 | [Adam L. Morris, Esquire, Board Prosecutor, presented
- 11 the Consent Agreement for File No. 18-53-005429.]
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- 13 [Christopher S. Poggi, D.O., and Burton T. Mark, D.O.,
- 14 | Secretary, reentered the meeting at 10:02 a.m.]
- 15 \*\*\*
- 16 | [Ray Michalowski, Esquire, Board Prosecutor, present
- 17 on behalf of Anita P. Shekletski, Esquire, Board
- 18 Prosecution Liaison, presented the Consent Agreement
- 19 for File No. 13-53-05125.1
- 20 \*\*\*
- 21 | [Pursuant to Section 708(a)(5) of the Sunshine Act, at
- 22 | 10:06 a.m. the Board entered into Executive Session
- 23 with Wesley J. Rish, Esquire, Board Counsel, and
- 24 | Kenneth J. Suter, Esquire, Board Counsel, for the
- 25 | purpose of conducting quasi-judicial deliberations and

1 to receive legal advice from Board Counsel. The Board 2 returned to open session at 10:58 a.m.]

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## 4 MOTIONS

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5 MR. RISH:

The State Board of Osteopathic Medicine held an Executive Session to conduct quasi-judicial deliberations regarding the following matters:

The first matter is Item No. 3 on the Board's agenda, File No. 18-53-005429. This was a Probable Cause matter. Dr. Poggi and Dr. Mark recused themselves and did not participate in the Executive Session deliberations.

Based upon discussions in Executive Session, I understand the Board would entertain a motion approving the Consent Agreement and Order.

20 DR. TURSI:

21 So moved.

22 DR. SWALLOW:

23 Second.

24 CHAIRMAN LITMAN:

25 All in favor?

12 [The motion carried. Dr. Poggi and Dr. Mark 1 recused themselves from deliberations and voting on 2 3 the motion. The Respondent's name is Lawrence I. 4 Miller, D.O.] \* \* \* 5 6 MR. RISH: The next matter was Item No. 4, File No. 8 13-53-05125. Based upon discussions in Executive 10 Session, I understand the Board would 11 entertain a motion approving the Consent 12 Agreement and Order. DR. TURSI: 13 14 So moved. 15 DR. POGGI: 16 Second. 17 CHAIRMAN LITMAN: All in favor? 18 19 [The motion carried unanimously. The Respondent's 20 name is John B. Zinnamosca, D.O.] \* \* \* 21 22 MR. RISH: 2.3 The next matter was Item No. 5, the 2.4 Commonwealth vs. Quentin Andrew Parker, 25 D.O., File No. 17-53-12456.

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                       Based upon discussions in Executive
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                  Session, I understand the Board would
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                  entertain a motion approving the final
                  Adjudication and Order.
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   DR. TURSI:
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                  So moved.
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   DR. POGGI:
                  Second.
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   CHAIRMAN LITMAN:
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                  All in favor?
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   [The motion carried unanimously.]
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   MR. RISH:
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                  The next matter was Item No. 6 on the
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                  Board's agenda, the Commonwealth vs.
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                  Gregory L. Carpenter, PA-C, File No. 16-
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                  53-06176.
                       Based upon discussions in Executive
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                  Session, I understand the Board would
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                  entertain a motion approving the final
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                  Adjudication and Order.
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   DR. POGGI:
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                  So moved.
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   DR. TURSI:
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                  Second.
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   CHAIRMAN LITMAN:
                  All in favor?
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   [The motion carried unanimously.]
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   MR. RISH:
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                  The next matters are Items No. 9 and 10
                  on the Board's agenda.
                       Based upon discussions in Executive
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                  Session, I understand the Board would
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                  entertain a motion approving the
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                  applications for an Unrestricted License
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                  of Nicole Vanessa Barton, D.O. and
                  Tracey Way Childers, D.O.
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   DR. TURSI:
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                  So moved.
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   DR. POGGI:
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                  Second.
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   CHAIRMAN LITMAN:
                  All in favor?
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   [The motion carried unanimously.]
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   MR. RISH:
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                  The next matter is Item No. 11.
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                       Based upon discussions in Executive
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                  Session, I understand the Board would
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                  entertain a motion approving the
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                  application for a Graduate Osteopathic
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                  Training License of Muneeb Shah, D.O.
   DR. TURSI:
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                  So moved.
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   DR. MARK:
                  Second.
   CHAIRMAN LITMAN:
                  All in favor?
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   [The motion carried unanimously.]
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   MR. RISH:
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                  The next matter is Item No. 12. It is
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                  an application for an Athletic Trainer
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                  License of Daniel Adam Webb, ATC.
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                       Based upon discussions in Executive
                  Session, I understand the Board would
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                  entertain a motion provisionally denying
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                  the application.
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   DR. SEID:
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                  So moved.
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   DR. POGGI:
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                  Second.
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   CHAIRMAN LITMAN:
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                  All in favor?
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16 [The motion carried unanimously.] 1 2 3 MR. RISH: The next matter is Item No. 13. It is 4 5 an application for a Physician Assistant 6 License of Timothy S. Kearney, PA-C. Based upon discussions in Executive Session, I understand that the Board 9 would entertain a motion approving a 10 stipulated final order placing Mr. 11 Kearney in the Disciplinary Monitoring 12 Unit for three years. 13 DR. TURSI: 14 So moved. 15 DR. POGGI: 16 Second. CHAIRMAN LITMAN: 17 All in favor? 18 19 [The motion carried unanimously.] \* \* \* 20 21 MR. RISH: 22 The next matter is Item No. 14, the 2.3 Written Agreement Change Application of 2.4 Timothy James Lilly, D.O. 25 Based upon discussions in Executive

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                  Session, I understand the Board would
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                  deny the application.
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   DR. TURSI:
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                  So moved.
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   DR. MARK:
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                  Second.
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   CHAIRMAN LITMAN:
                  All in favor?
   [The motion carried unanimously.]
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   MR. RISH:
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                  The next matter was Item No. 15. It was
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                  a Request for an Exception to the COMLEX
                  Attempt Limit Policy of Patricia
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                  Caffrey.
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                        Based upon discussions in Executive
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                  Session, I understand the Board would
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                  grant the petition.
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   DR. TURSI:
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                  So moved.
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   DR. SWALLOW:
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                  Second.
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   CHAIRMAN LITMAN:
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                  All in favor?
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   [The motion carried unanimously.]
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2 Report of Regulatory Counsel

3 MR. RISH:

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If you recall, we discussed the changes to the qualifications for licensure regulation at the last Board meeting, and I have made the changes suggested by the Board and had some discussions with Dr. Litman regarding the definition of an approved internship.

At this point, I would ask that the Board approve the regulation with Dr.
Litman's amendments to be issued as an exposure draft, which would allow the members of the profession and the associations to review and make comments on it. This is not the final regulation that the Board would send through for approval, just the initial exposure draft so we could start gathering comments.

22 DR. TURSI:

I move to approve the exposure draft.

24 DR. SWALLOW:

25 Second.

CHAIRMAN LITMAN:

2 All in favor?

3 [The motion carried unanimously.]

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5 MR. SUTER:

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The next item is No. 8 on the agenda.

It's the proposed fee increase regulation. As you can see on the agenda, you approved an exposure draft, and we received comments. One was from the Pennsylvania Medical Society, and they requested the Board specify the reasons for the 60 percent increase in renewal fee for physicians and ask that increases be smaller and staggered.

The other comment was from the <u>Lake</u>

<u>Erie College of Osteopathic Medicine</u>.

They are questioning the training

license increase with the amount of fees
involved with going to school at this

point. They are the only two comments
that we received.

At this point, I would be asking for a motion to prepare the rulemaking package.

20 DR. TURSI: 1 2 I propose you start the rulemaking 3 package. DR. SWALLOW: 4 5 Second. 6 [The Board discussed the motion.] CHAIRMAN LITMAN: All in favor? 9 [The motion carried unanimously.] 10 11 Report of Board Chairman 12 [Chairman Litman noted his frustration with navigating 13 through the telephone system. Ms. Lambert reviewed 14 changes to the phone system, including a help desk for 15 the Pennsylvania Licensing System (PALS) and technical 16 resources to direct PALS-related questions. She stated 17 the call menus was revised by the Office of 18 Administration (OA) telecom team and Queue Callback 19 was added.

Ms. Lambert also provided an update on initial applications and renewals. She noted improvements to the process with the addition of an option to add an email address so that a credentialing office would then receive any discrepancy notices for that application and receive correspondence from the Board.

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Ms. Lambert reviewed the renewal process.

Licensees will receive an email, as well as a printed notice, as soon as the renewal is live in PALS, which will include a user ID, registration code, and instructions on logging into the system.

Chairman Litman requested an update on the backlog. Ms. Lambert referred to the old legacy system as a manual process compared to PALS, but the staff are at the end of the backlog.]

\* \* \*

Report of Department of Health

[Arlene G. Seid, M.D., M.P.H., Department of Health, present on behalf of Rachel Levine, M.D., Physician General, stated on July 14, 2018, there were 4,740

16 narcotic death overdoses and 312 were from heroin.

17 She attributed approximately half of all overdose deaths that present to the ED to a prescription.

Dr. Seid presented overdose death rate statistics, noting opioids as a huge issue in Pennsylvania. She stated a task force created of deans and associate deans of medical schools and osteopathic schools developed a list of core competencies that medical students must complete before graduation.

Dr. Seid referred to Pennsylvania as the third highest state with individuals on long-term opioid use. She noted the Prescription Drug Monitoring Program (PDMP) that reflected a 16 percent decrease in the number of opioids being prescribed.

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Dr. Seid referred to the opioid dashboard that is divided into prevention, rescue, and treatment. She stated prescriptions for opioids decreased in 2016. She noted 11 opioid prescribing guidelines and the opioid prescription takeback program. She also noted the benefits with the expansion of naloxone for the general public, first responders, and public schools.

Dr. Seid discussed the warm handoff protocol as developed by the Pennsylvania College of Emergency Physicians and other internal groups. She also referred to the Centers of Excellence as a hub-and-spoke model, where addiction use disorder expert team doctors connect with primary care to rural areas to help provide support and backup for treatment.

Dr. Seid stated opioid addiction has been added to the list of conditions where medical marijuana is used for treatment. She discussed the opioid disaster declaration and declaration renewal with expanded education to the public, education, treatment payment through insurance, specialized programs for obstetrics

1 and emergency medical services, and increased access

- 2 to methadone for inmates. In the future, data
- 3 dashboard will be reviewing societal impacts on
- 4 support programs.
- 5 Dr. Swallow suggested sending a message from the
- 6 | Secretary of Health to the school districts and
- 7 hospital systems to provide community education to
- 8 obviate the demand for narcotics.
- 9 Dr. Seid stated the third renewal of the Opioid
- 10 Disaster Declaration included funding to schools and
- 11 communities. She encouraged the Board to review the
- 12 opioid data dashboard.]
- 13 \*\*\*
- 14 For the Board's Information/Discussion
- 15 [Chairman Litman noted the next meeting scheduled for
- 16 October 24, 2018.
- 17 | Aaron Hollinger, Board Administrator, will find
- 18 | an alternative day for the June 12, 2019 meeting due
- 19 to a conflict with the American Medical Association
- 20 House of Delegates Meeting.]
- 21 \*\*\*
- 22 Adjournment
- 23 CHAIRMAN LITMAN:
- Do I have a motion to adjourn?
- 25 DR. SWALLOW:

24 1 So moved. 2 DR. SEID: 3 Second. 4 CHAIRMAN LITMAN: 5 Thank you. 6 [The motion carried unanimously.] \* \* \* 7 [There being no further business, the State Board of Osteopathic Medicine Meeting adjourned at 11:40 a.m.] \* \* \* 10 11 12 CERTIFICATE 1.3 14 I hereby certify that the foregoing summary 15 minutes of the State Board of Osteopathic Medicine 16 meeting, was reduced to writing by me or under my 17 supervision, and that the minutes accurately summarize 18 the substance of the State Board of Osteopathic 19 Medicine meeting. Seth P Daier 2.0 2.1 2.2 Seth R. Baier, 2.3 Minute Clerk 2.4 Sargent's Court Reporting 25 Service, Inc.